

# HOW TYPHOID SPREADS



The following are ways in which typhoid spreads:

Contaminated food or water supply, especially after floods or natural disasters.



Food outlets that practice poor hygiene.



Eating seafood from a water source contaminated by infected faeces or urine.



Using a toilet contaminated with bacteria and not washing your hands.



Eating raw vegetables that have been fertilised with human waste.



Contaminated milk products

