

Positive Parenting



Child Nutrition Seminar 2014

Eat Right, Play More, Be Healthy



Good nutrition helps children grow and learn. Activities that stimulate the brain are crucial for your child's social, emotional, physical and cognitive development. Therefore, the right nutrition and appropriate playtime are the optimal strategies to ensure your children have the right boost for their growth and development.

MEET OUR EXPERTS TO LEARN MORE!

Time	Programme*
1:00 pm	Registration
2:00 pm	Inculcating Good Eating Habits through Your Child's Curiosity <i>by Prof. Dr. Norimah A Karim, Nutritionist</i>
2:45 pm	Optimising Learning & Development through Play <i>by Dr. Rajini Sarvananthan, Consultant Developmental Paediatrician</i>
3:30 pm	Questions & Answer Session
4:15 pm	Parents-Child Felt Bookmark Making Activity
5:00 pm	Refreshments
5:30 pm	End

**Saturday,
 MAY 17, 2014
 Northam All-Suite
 Penang,
 Georgetown
 1:00pm-5:30pm**

Seats Are Limited And On First Come First Serve Basis*

- Register for RM10 and you'll receive:
- Goodie bags from Wyeth Nutrition
 - Refreshments
 - FREE copy of Positive Parenting Guide
 - FREE arts and crafts workshop for kids (4-7 years old)*

Supported by
Wyeth Nutrition
 Supporting Learning & Development at Every Stage

* Terms & Conditions:
 - RM10 registration fees will cover two (2) adults and two (2) children per family
 - Limited to FIRST 50 kids ONLY
 - Last day to register: May 12, 2014 at 5.00pm