



Child Nutrition Seminar 2014

Eat Right, Play More, Be Healthy



Good nutrition helps children grow and learn. Activities that stimulate the brain are crucial for your child's social, emotional, physical and cognitive development. Therefore, the right nutrition and appropriate playtime are the optimal strategies to ensure your children have the right boost for their growth and development.

MEET OUR EXPERTS TO LEARN MORE!

Time	Programme*
1:30pm	Registration
2:00pm	Inculcating Good Eating Habits through Your Child's Curiosity <i>by Prof. Dr. Norimah A Karim, Nutritionist</i>
2:45pm	Break – Showcasing of Children's Crafts
3:30pm	Optimising Learning & Development through Play <i>by Dr. Rajini Sarvananthan, Consultant Developmental Paediatrician</i>
4:15pm	Refreshments

**Saturday,
APRIL 19, 2014
Pullman Hotel,
Kuching
1:30pm-4:30pm**

**Seats Are
Limited And On
First Come First
Serve Basis**

Register for RM10 and you'll receive:

- FREE kids craft workshop
- Goodie bags from Wyeth Nutrition
- Refreshments
- FREE copy of Positive Parenting Guide

Supported by

Wyeth | Nutrition

Supporting Learning & Development at Every Stage

* Children will enjoy a series of arts and craft activities provided by Kiidz Clubhouse while parents are in the seminar. They will get to present their artwork to the parents during the break at 2.45pm.